

## Wilderness Adventure Camps

# Short Answers for Parents

We want you to feel 100% comfortable with your child participating in a Timber-lee Wilderness Adventure Camp. Below are answers to some of our most frequently asked questions. If you cannot find your answer here, please call us at 262.642.7345.

*Note: These apply to campers attending Timber-lee programmed week-long adventure camps only. For those participating in a Custom Group Trip, please see "Short Answers for Youth Leaders and Parents."*

### **Who is responsible for my child's safety?**

All of our trips are supervised by no less than two trained 21+ guides with a strict ratio of one guide to every eight participants. Guides are certified in Red Cross Lifeguarding, CPR, Wilderness First Aid and ACA Swiftwater Rescue, as well as specifically trained in each activity area. Upon application, guides are subject to a background check and must maintain an excellent driving record.

### **How much travel is involved in the week?**

At minimum, any adventure will require at least two hours of driving in a 15-passenger van to reach the destination. Our farthest offerings are at most eight hours away. By policy, a travel day will not include more than eight hours, and breaks happen every two to three hours. We complete the travel as safely and efficiently as possible in order to allow more time for adventure.

### **How intense are the activities? Can my child handle it?**

All of our trips are rated according to a one-, two-, or three-paddle system. They vary in intensity from a beginner level (one-paddle) to tough and physically demanding (three-paddle), requiring previous experience and training. On all trips, guides are present to safely lead youth through challenges, never pushing a child beyond the point at which he or she is comfortable.

### **Tell me a bit about the accommodations and food.**

Campers sleep in 4-man tents in carefully selected campsites. When in campgrounds, showers and flush toilets are available (on the trail, these amenities are not available). Guys and girls are in respectively separate tents and are not permitted into tents of the opposite sex. All meals are prepared by guides and include meat, carbohydrates, fresh fruits and veggies. Snacks are always available and provided to maintain the high energy level campers need.

### **Do I need to purchase a lot of expensive equipment?**

Timber-lee will provide all gear and safety equipment necessary for the trip and each activity, as well as instruction on how to properly use it. Each camper is responsible to bring only his or her personal items such as clothing, footwear, a sleeping bag and pillow.

### **What does a typical day look like?**

On a Timber-lee Wilderness Adventure trip, a typical day begins early, with a big breakfast and time for each camper to spend personal time with God. We then dive right into our activity for the day, packing our lunch with us and taking a mid-day break. We usually finish around 4 or 5pm, allowing time to relax and have a great supper. Evening time is more flexible, but we always end the night around the campfire. Guides share from the Word and lead the conversations, leading campers to connect biblical truth to the experiences of the day.