

Extra info for the Youth Leader:

Medical Information

The state of Wisconsin requires us as a camp to keep records of any incident involving first aid and/or victim transport. Please assist us by making us aware of such situations as soon as they occur.

Please be aware that the state of Wisconsin prohibits us as a camp from dispensing any medications. This includes aspirin, cough medicine, and any over the counter drugs in addition to prescription medications. Some pain relievers are available for purchase in our camp store.

Also note that group leaders are responsible for collecting, safe keeping, and dispensing of medications for their group. We will provide safe storage and refrigeration as needed for this purpose.

COMPLIMENTARY HEALTH & EMERGENCY CONTACT FORM

PARTICIPANT'S PERSONAL INFORMATION

Name _____ Birthdate _____ Sex _____ Age _____
Last First MI

Parent or Guardian (or spouse)

Name _____ Phone _____
Last First MI Area/Number

Second Parent or Guardian Emergency Contact

Name _____ Phone _____
Last First MI Area/Number

If not available in an emergency, notify:

Name _____ Phone _____
Last First MI Area/Number

PARTICIPANT HEALTH HISTORY INFORMATION:

Health History (date diagnosed)			
_____ Frequent Ear Infections	_____ Chicken Pox	_____ Diabetes	_____ Mononucleosis
_____ Bleeding/Clotting Disorder	_____ Measles	_____ Asthma	_____ Meningitis
_____ Frequent Sore Throats/Strep	_____ Mumps	_____ Seizures	_____ Autoimmune Disease
_____ Hand, Foot, Mouth Disease	_____ German Measles	_____ Heart Defect/Disease	_____ Tuberculosis
Allergies (please specify)		Immunizations	
Drug _____		_____ Tetanus (last date)	
Environmental/Food _____		_____ Other, please specify	

Chronic or recurring illness or medical condition (not noted above) _____

Any treatment to be continued at camp _____

Any medically prescribed meal plan or dietary restrictions (*please notify camp staff two weeks prior to arrival*) _____

Activities to be discouraged or limited _____

Additional health information _____

Describe any physical condition, medications or allergies that require special consideration _____

Current medications (Send with instructions in original container) _____

Signature of Participant _____ Date _____

Signature of minor Participant's parent/legal guardian _____ Date _____

Getting Ready

Set Group Expectations Ahead of Time: It is a great idea to give your group clear boundaries for behavior and participation well before your arrival at camp. Include your young people in the process and encourage them to have goals for their time at Jumpstart.

Set Your Own Expectations: When the weekend is over, what do you want your young people to take home with them? Make some plans with other leaders for how you will spend your time so that all of your youth get some one on one time with leaders who loves them.

Prepare Your Leaders: Remember that we will take care of setting up housing, providing meals, running all events, and securing quality speakers and musicians, and you will be living and participating with your youth. We ask that all of your leaders have a working understanding of Timber-lee's expectations and use them to promote a safe atmosphere. Be sure that you have enough leadership of each gender to meet the needs of your group in the cabins and especially to act as counselors for those who make decisions. We recommend one leader for every six to eight students. Feel free to direct your leadership to this website and pass on the appropriate information to parents and students as well.

Breakaway Groups: Each leader will be heading up a small group after all main sessions. Please plan beforehand to split your large group into several small groups with a leader for each. Our speakers will provide questions to lead the discussion. Here are some suggestions on how to handle your small group:

- Have students sit so that everyone can see each other. No hidden faces.
- Set initial expectations; this includes ground rules for listening
- Provide direction through questions instead of comments
- Do not be afraid of silence.
- Turn questions directed at you back around to the group for their input.
- Ask open-ended questions instead of yes/no questions.

Be in Prayer: We hope that you have already started praying for what you want to see happen in the lives of your young people during this weekend. Continue praying throughout your time here and enlist the prayer support of church members who are back home.

Keep Your Youth Spiritually Accountable: Once back home it is easy for young people to forget about a decision made at Timber-lee. We share your desire to see your youth grow and mature

in their relationship with Jesus Christ. Make yourself aware of those in your group who make commitments and be ready to follow up once you get home.

Extra Details

Arrival: When you arrive, please have a leader or a couple of leaders come into Aspen Registration Center to find out where your group will be staying. We will have staff there to meet you and help you in whatever way they can. Please come prepared with:

- the names, addresses, phone numbers, emergency contacts and emergency contact phone numbers for all participants in spreadsheet form to give to Timber-lee for their records. This document can be electronic or in paper form, but must not contain health information of participants.
- a Certificate of Liability Insurance to give to Timber-lee for their records.
- proof of your health services staff First Aid and CPR certifications.
- all participants' health forms.

Housing: We will assign your group's housing. If you have a special request or preference, please let us know before you arrive. However, Timber-lee reserves the right to make assignments.

Attend the Leaders' Meetings: These meetings are designed to keep you informed and answer any questions you may have along the way. They will be held in Sequoia, which is located in lower Redwood Commons.

Main Sessions: There will be four large group meetings throughout the course of the weekend. Be ready for contemporary worship and a dynamic speaker. These sessions will introduce non-believers to Christ while challenging those of us who already know Him as Savior.

Breakaway Groups: These small group sessions offer time for you and your youth to talk and listen to each other. While you will receive questions from the speaker to fuel the conversation, feel free to take the discussion wherever it would most benefit your group.

Meals: Breakfast will consist of hot and cold cereals, fruit, hot breakfast items, juices, and milk. Lunch and dinner will be food court style with areas for salads, soups, sandwiches, pizza, and more. Sunday will consist of an early morning continental breakfast and then followed up with brunch.

Special Needs: Please let us know of any special needs, requests, or concerns before your arrival
- we want to serve you the best way we can!