

**Summer Camp 2017 Jr. & Jr. High Camp Menu #1**

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>B R E A K F A S T</b>		Eggs */ w cheese Biscuits/Gravy Hash Brown Patty Sausage Patty * Cantaloupe & * Strawberries * Yogurt Cups *	Pancakes Nuggets Apple/Straw Topping* Whipped Topping * Bacon * Syrup & Butter * Cold Cereal * Yogurt Cups * Honeydew & Grapes* Bananas*  GF=Pancakes	Cinn. Rolls Sausage Links * Scrambled Eggs * w/ Cheese Deep Dish Tots Cold cereal * Watermelon & * Pineapple * Yogurt Cups *	French Toast Strawberries * Spiced Apples * Whipped Cream * Bacon/Sausage Patty * Scrambled Eggs * Cold Cereals * Yogurt Bar * Strawberries * Honeydew * Cantaloupe* Bananas* Pastries	Bagels / Cream Cheese Sausage Links * Scrambled Eggs * w/ Cheese Shred.Hash Brown * Cold Cereal * Honeydew & * Grapes* Yogurt Cups *	Waffle Stick Scramble Eggs */ w Cheese Ice Cream * Strawberry Topping * Syrup & Butter * Cold Cereal * Yogurt Cups * Cantaloupe & * Strawberries*
<b>L U N C H</b>		BBQ Wings Oven Roasted Wings* Curly Fries Beans & Rice * Pasta Jell-O * Salad w/ Dressing * Carrots & Celery * Pears * Cookies  Fire Wings (Jr. High)	Hot Dog * Bar Potato Skins / Cheese Sauce Cherry Tomatoes * Carrots * Chili * Chef Salad * Pickle Spears * Peaches * Ice Cream Cups *	Chicken Tenderloins Steak Fries Pita Chips Hummus * Potato Salad Carrots & Celery * Peaches * Cottage Cheese * Ice Cream Bar  GF=Chicken Tenders Parts of Ice Cream Bar	Sub Sandwich Chips * Pickle Spears * Fruit Salad * Chef Salad * Brownies  GF=Udi Bun	Pizza Bread Sticks Marinara Sauce * Black Olives * Celery Sticks * Pasta Salad Sliced Oranges *  Fruit Popsicles *  GF=Udi Pizza Crust	
<b>D I N N E R</b>	BBQ Chicken * Corn on Cob * Baked Beans Potato Salad Dinner Rolls Salad Bar * Apple Crisp	Build your own Nachos * Tortillas Ground Beef * Refried Beans * Rice * Corn * Salad Bar Tortilla Chips * Asst. Churros	Baked Cavattapi Meatballs Garlic Bread Green Beans * Salad Bar * Italian Ice *  GF=Noodles	Ribs * Baked Potato * Cheese Sauce Calif. Blend * Salad Bar * Brownies	Sweet & Sour * Chicken White Rice * Egg Rolls Winter Blend * /w Cheese Fortune Cookie Sugar Cookie Salad Bar *  Fried Rice* (JR High)  GF=Chicken Tenders	Grilled Hamburgers Hot Dogs * Veggie Burger Corn on Cob* Potato Salad Watermelon * Salad Bar * Bomb Pops *	

**Gluten free options marked with \*, GF= substitute gluten free options**

**Gluten free cereal available at all breakfasts**

**Gluten free desserts available at all lunches and dinners = cakes, brownies, popsicles**